

January - 2020



CALICUT TIMES

Monthly Newsletter of IAP Kozhikode

Dr Ashraf T P
President, IAP Kozhikode

Dr Nihaz Naha K
Secretary, IAP Kozhikode

Dr Vishnu Mohan P T
Treasurer, IAP Kozhikode

- ⇒ **New Year
Celebration and
Family Meet**
- ⇒ **KMCT PED 2020**
- ⇒ **National Pedicon
Indore 2020**
- ⇒ **IAP Kerala
Presidential
Action Plan - Non
Communicable
Disease Project**
- ⇒ **Pediatric
Ventilation
Workshop 2020
@ Aster MIMS**
- ⇒ **IAP Kozhikode
Monthly Clinical
Meeting**

**INDIAN
ACADEMY OF
PEDIATRICS
KOZHICODE**

PRESIDENT'S MESSAGE

Dear colleagues,

We are here with the 13th edition of Calicut Times, the monthly Newsletter of IAP Kozhikode.

This month we had the Nation Pedicon at INDORE. IAPians of Kozhikode had great participation in the National Pedicon as Faculty in TOTs, CME and as Chairpersons. Also we received the national awards for the branch by the Central IAP. We bagged best branch award and also we have the maximum no of awards as a branch. More than this award for the branch, award which made me more happy personally is the IAP Life Time Achievement Award to our dear Teacher Dr K C Rajagopalan sir. Thanks to Dr Remesh Kumar our dear HSG and CIAP for recognizing our efforts and giving opportunity for the Kozhikode IAPians. As always I say, this is the recognition to each and every member of IAP Kozhikode who actively participated in the activities of our branch and made all this possible.

I also thank my secretary Dr Nihaz Naha who is actually the driving force of IAP Kozhikode and also all the executive members and other active members of IAP Kozhikode for taking the activities of IAP Kozhikode sky high. I would really like to mention names of Dr Ajithkumar VT, Dr Mohandas Nair, Dr Geeta MG, Dr Suresh Kumar E K, Dr Ranjith P, Dr Vishnu Mohan, Dr KrishnaMohan and Dr Vidhu Ashok for their outstanding efforts

I wholeheartedly thank all the Kozhikode IAPians for the active participation in all this programmes, your valuable advice, support and criticism and request to continue the same in our future endeavours also.



Dr Ashraf T P

President, IAP Kozhikode

UPCOMING PROGRAMMES OF NEXT MONTH

- World Cancer Day awareness Program - 04th February
- Corona Virus Awareness Prog- 04th February
- Asthma Training Program TOT- Bangalore 8th and 9th February
- Infant Death Audit Meeting- 13th February
- NTEP Chennai- 16th February
- South Neocon - 21st-23rd February.
- Monthly Clinical Meeting- 28th February

MAIN CONFERENCE

- Dr Y K Abdekar Interactive Session- 8th March
- NTEP training - 22nd March 2020
- Workshop on Type 1 diabetes - 29th March 2020
- Sports Meet -18th April 2020
- Summer Pedicon- 19th April 2020
- Genetic CME - May 2020
- ATM Workshop- 21st June 2020
- South Adolescon - 9th August 2020

IAP KOZHIKODE NEWYEAR CELEBRATION AND FAMILY MEET

1-Jan-2019

Meenooz Auditorium, Kozhikode

Dr M Narayanan, President IAP Kerala was the chief guest. He introduced the Team IAP Kozhikode 2020 and inaugurated the family meet & activities of IAP Kozhikode in 2020. He congratulated IAP Kozhikode for Best branch award both in State and National level and also for maximum no of awards in the national level. He shortly described the action plan 20-20 of IAP Kerala

Dr Ashraf T P President IAP Kozhikode Presided the function & briefly described the action plan Dr Santhosh M K, IPP and EB Member CIAP, Dr Shaji Thomas John,

President IAP Kerala 2013 and Dr KrishnaMohan R Treasurer IAP Kerala felicitated the program. Dr Shaji Thomas John congratulated the Team for bringing Best Branch in both State and National level for the first time to Kozhikode.

Dr Nihaz Naha Secretary IAP Kozhikode delivered the welcome Speech and Dr Geetha P, Vice President IAP Kozhikode proposed the vote of thanks.

The short inaugural ceremony was followed by cultural events of members and family, It was well arranged and coordinated by Dr Ranjith P Web Editor IAP Kerala, Dr Athul P J,

Arts Club Coordinator IAP Kozhikode, Dr Rajul Koyadeen, Fitness club Coordinator IAP Kozhikode and Dr Vidhu Ashok, Joint Secretary IAP Kozhikode.

The programs ranged from songs, skits, solo performances, instruments group dances, magic show etc etc by talented artists ranging from seniors Dr Shaji Thomas John, Dr Vijayakumar M to cutie kids Darshana, Vaishnavi, Arham Naha, Ishanvi & lia Susan

It was an evening of fun, feast and zest and everyone enjoyed the family feel.

We the IAP KOZHIKODE



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INDIAN ACADEMY OF PEDIATRICS
KOZHIKODE

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VOL- 13



KMCT PED 2020

Department of Pediatrics KMCT Medical College in association with IAP Kozhikode conducted One day CME, KMCT PED 2020, "Rediscovering the basics" at Hotel Yash International on 05/01/2020.

Dr K Moidu Chairman, KMCT group of institution, Inaugurated the CME and Dr Ashraf T P President IAP Kozhikode Presided the program. Dr G Balraj, Organizing Chairman, HOD Department of Pediatrics KMCT Medical College and Vice Principal KMCT Medical College gave the welcome Address. Dr Nihaz Naha, Secretary IAP Kozhikode Felicitated the

program. Dr Niyas Kaniyath, Organizing Secretary Proposed the vote of Thanks.

Faculties were

- Dr Ajithkumar V T
- Dr T U Sukumaran
- Dr A Riyaz
- Dr Vijayakumar M
- Dr Akbar Shereef
- Dr Geetha P
- Dr Elizabeth K E
- Dr Geeta M G
- Dr Zulfikar Ahmed
- Dr Lulu Mathews
- Dr Naveen Jain

The CME was well appreciated by the delegates for it's content, which included the

basics of Pediatrics and the excellent faculty.

Around 250 delegates including senior faculties to postgraduate and undergraduate attended the CME.

Well organized by Dr Balraj, the man behind this excellent CME. Excellence of his organizational skills were seen throughout the conference. He was duly supported by Dr Cherian, Dr Niyas, Dr Bijumon, Dr Shameena, Dr Soumya and Team KMCT

5-Jan-2019



CHC NEDUVA - CLASS ON ADOLESCENT

3-Jan-2019

CHC Neduva - Class on Adolescent nutrition, anemia, weekly iron and folic acid supplementation (WIFS) to nodal health teachers at FHC

Parappanangadi by
Dr Ranjith P, Web editor IAP Kerala & Secretary AHA Kerala

Dr Sujatha Block MO Inaugrated the function. Presided by

Dr Navya J Mo i/C FHC Parappanagadi.

Well organised by **Sri Ashraf** Health supervisor, **Sri Pradeep** Health inspector & **Jithesh PRO**.

A good interactive session on adolescent nutrition, hygiene & hand washing technique was there. About 45 teachers from various schools attended



ഡോ. കൃഷ്ണമോഹൻ നായർ
MBBS, DNB, DAA, MNAMS
Consultant Paediatrician &
Paediatric Allergist
Health Service, Kerala

Fwd Article on allergy by plants & flowers - **Dr Krishna Mohan Nair**,

7-Jan-2019

അലർജിയുണ്ടാക്കുന്ന ചെടികളും പൂക്കളും

പുഷ്പങ്ങളും പൂമ്പാറ്റയോടുമൊപ്പം മണ്ണിലും മരത്തിലുമൊക്കെയായി കളിച്ചു നടക്കേണ്ട പ്രായമാണ് ബാല്യം. പ്രകൃതി മുഴുവൻ പുത്തലായതിൽ നിന്ന് ഓണക്കാലമായതുകൊണ്ട് ഇതേ തൊടിയീൽ നിന്ന് കുട്ടികൾക്ക് ഇനി കഠിനാൽ പോലും നേരം കിട്ടേണ്ടതില്ല. പക്ഷെ, പുഷ്പങ്ങളുമായി കാടും മേടും കയറിയിറങ്ങി നടന്ന് വീട്ടിൽ തിരിച്ചെത്തുമ്പോൾ കുറേ നൂക്കളുടെ ദഹനമൊക്കെ ചൊരിഞ്ഞു തിടിച്ചാലോ? സന്തോഷമൊക്കെ അത് പമ്പകടക്കും. എന്നാൽ ഇങ്ങനെ ചൊരിഞ്ഞു തിടിക്കുന്നത് അലർജിക്കാണെന്നാണ് മിക്കവാറും അറിയില്ല. എന്നുകരുതി കുട്ടികളെ വീട്ടിൽ അടച്ചിടാനല്ല പഠനത്തിന് കേട്ടോ, പല കാരണങ്ങൾ കൊണ്ടും ഉണ്ടായേക്കാവുന്ന അലർജിയെക്കുറിച്ച് ഒരു കരുതൽ വേണമെന്നു മാത്രം. അടുത്തയിൽ അലർജിയുണ്ടാക്കുന്ന ചില ചെടികളെയും പുഷ്പങ്ങളെയും കുറിച്ച് പ്രത്യേകിച്ചു.

കാരണവും ലക്ഷണവും

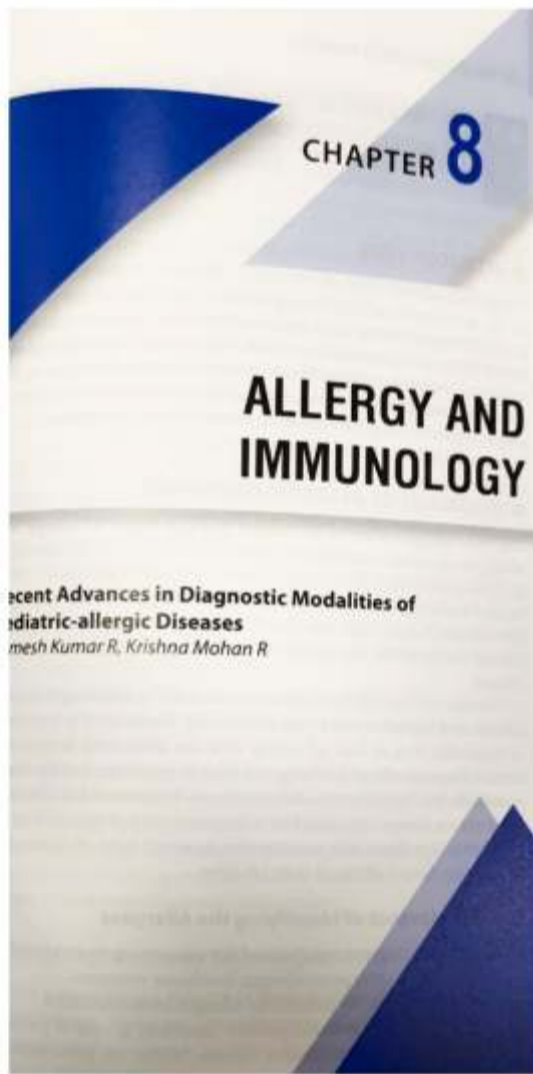
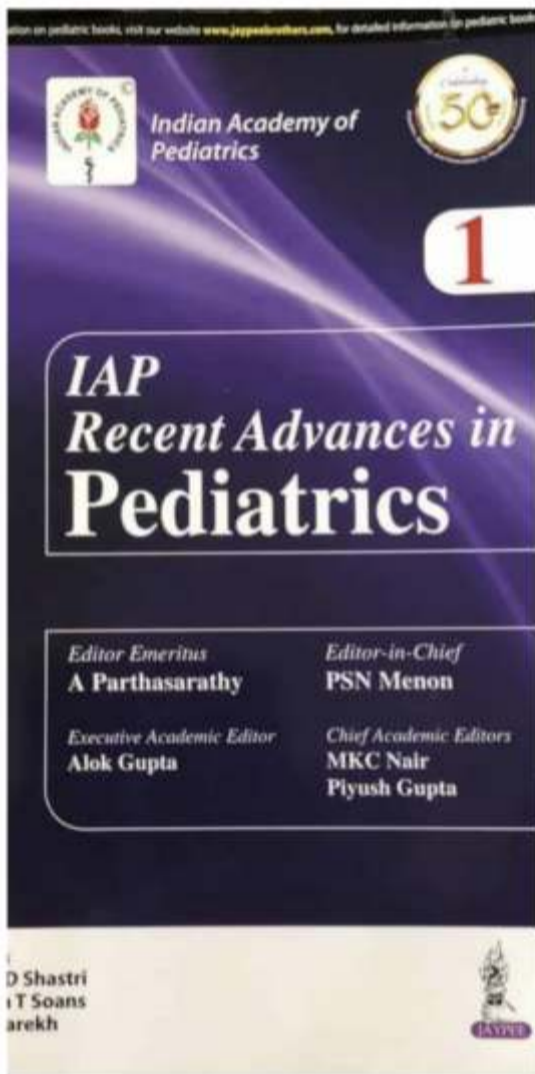
നിർമ്മാതൃയുള്ള മുക്കോലിപ്പ്, തുടർച്ചയായ തൂങ്ങൽ, കണ്ണിലും മുക്കിലുമുള്ള ചൊരിച്ചിൽ, ചുമ, വലിവ്,

ഓണക്കാലമായതുകൊണ്ട് തൊടിയീൽ നിന്ന് കയറാൻ പോലും നേരം കിട്ടണമെന്നില്ല. പക്ഷെ, പുക്കുടയുമായി കാടും മേടും കയറിയിറങ്ങി വീട്ടിൽ തിരിച്ചെത്തുമ്പോൾ കുറേനൂക്കളുടെ ദേഹമൊക്കെ ചൊരിഞ്ഞു തിടിച്ചാലോ?

NATIONAL PEDICON INDORE 2020

11-Jan-2019

Dr KrishnaMohan R,
Treasurer IAP Kerala chapter on Recent Advances in Diagnostic Modalities of Pediatric-allergic Diseases in IAP Recent Advances in Pediatrics



7-Jan-2019

NATIONAL PEDICON INDORE 2020

Dr Krishna Mohan, in the National ToT of Resp Tract Infections- GEMS on 7 -01-2020 at PEDICON INDORE



7-Jan-2019

NATIONAL PEDICON INDORE 2020

Dr Renjith and Dr Nihaz Naha chairpersons For session on approach to child with stroke

7-Jan-2019

NATIONAL PEDICON INDORE 2020

Kozhikode UG Quiz team with State and National IAP Leaders



NATIONAL PEDICON INDORE 2020

7-Jan-2019

Dr Abdul Rauf, executive member IAP Kozhikode and consultant BMH Hospital at GEM (Goldenhour Emergency Management) 2.0 TOT on 07/01/2019 at National Pedicon, Indore



Dr Ranjith P, Web editor at NEP (Nutrition Education Protocol) TOT @ PEDICON INDORE 07/01/2020



Dr Vishnu Mohan & Dr Nihaz Naha K at 12th IAP NNF FGM NRP TOT Workshop at INDORE PEDICON on 7th & 8th Jan 2020



Dr Vishnu Mohan, Secretary NNF Kerala and Dr Nihaz Naha K Secretary IAP Kozhikode as Faculty along with Dr Manoj V C, President NNF Kerala, Dr SS Kamath, Chairperson IAP NNF FGM and Team Kerala at 12th IAP NNF FGM NRP TOT Workshop at Nakrali Dhani Resort at INDORE PEDICON on 7th & 8th Jan 2020

NATIONAL PEDICON INDORE 2020

7-Jan-2019

FWD DR VISHNU MOHAN CHAIRING FREE PAPER PRESENTATION



Dr Ajith kumar V T, at Indore Pedico

Ajith kumar sir, Hod GMC Kozhikode -panel discussion on Hemophilia & VWD at Indore Pedicon



DR KRISHNAMOHAN AS QUIZ MASTER AT NATIONAL PEDICON INDORE 09-01-2020



NATIONAL PEDICON INDORE 2020

8-Jan-2019

Dr Abdul Rauf, executive member IAP Kozhikode and consultant BMH Hospital as faculty, for Point of care Ultrasound workshop, National Pedicon, Indore 08/01/2020



Dr Nihaz Naha and Dr Vishnu Mohan @ NRP National TOT

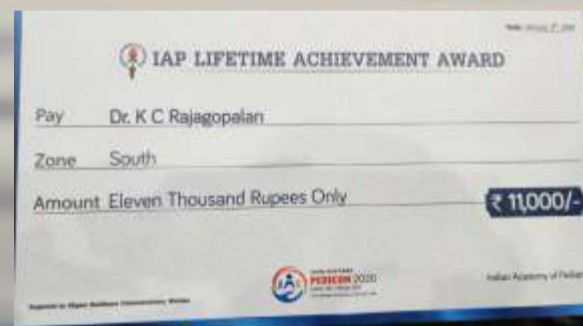


NATIONAL PEDICON INDORE 2020

DR SHAJI THOMAS JOHN
Honoured at indore Pedicon
2020 for his excellent
contribution to the adolescent
health academy

PROUD MOMENT

Life time Achievement Award of IAP for Dr K C Rajagopalan @
Pedicon Indore on 09/01/2020. In his absence award was
received by his students from Nation IAP President



Dr Ashraf T P on as a Panelist for Panel discussion on Chronic Pain Syndrome on
10/1/2020 at National Pedicon Indore 2020



NATIONAL PEDICON INDORE 2020

PROUD MOMENT

10-Jan-2019

IAP KOZHIKODE receiving BEST BRANCH AWARDS @ National Pedicon Indore



NATIONAL PEDICON INDORE 2020



10-Jan-2019

Dr Ranjith P chairing Free Paper session

Dr Vijayakumar M, Panel discussion on Menstrual disorders in adolescent girls @ National Pedicon Indore 2020



11-Jan-2019



Ist EB Meeting of IAP Kozhikode for discussing and planning various programs to be conducted in the year.

The meeting was Presided by Dr Ashraf T P, President IAP Kozhikode Presided the meeting. Senior members Dr Shaji Thomas John, President IAP Kerala 2013, Dr Suresh Kumar E K, Dr Ajithkumar VT, Dr Mohandas Nair attended the meeting.

Meeting decided the Organizing team

Organizing Chairperson:
Dr Mohandas Nair

Organizing Secretary:
Dr Ranjith P
Treasurer: Dr Rahul Illaparambath.



14-Jan-2019

Dr KrishnaMohan R, Treasurer IAP Kerala at Adoration Day Celebration of IMA Vadakara on 14/1/2020 at IMA Vadakara



Class on First 1000 days of life at Anganwadi training center Kozhikode by Dr Ashraf T P, President IAP Kozhikode on 14/1/2020



14-Jan-2019

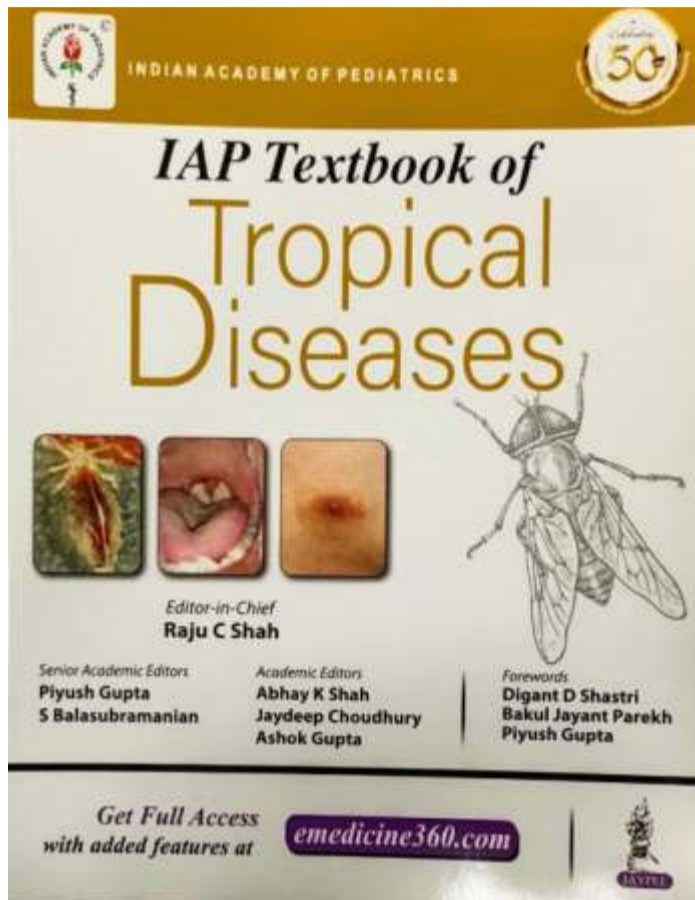
DR. KRISHNA MOHAN R,
IMMUNIZATION TRAINING
ON 14-JAN-2020

Dr. Krishna Mohan R, Treasurer IAP Kerala at Immunization Training for Medical Officers at H&FW training center, Kozhikode on 14/1/2020



16-Jan-2019

Dr KrishnaMohan R
Treasurer IAP
Kerala as
editor of chapter
Allergic disorders in
Tropics Chapter with Dr
Remesh Kumar in IAP
Text book of tropical
diseases.



17-Jan-2019

Dr Jayakrishnan
MP Addl Professor
Department of
Pediatrics GMC
Kozhikode and
Dr Babu Francis
Addtl Prof
Department of
Pediatrics GMC
Manjeri



@ Training on ETAT -
(Emergency Triage
Assessment and
Treatment Management
of Sick Children) ,
started today at GMC,
Thrissur.



IMMUNIZATION: CLEARING THE CONTROVERSIES

Meeting was welcomed by Dr Nihaz Naha K, Secretary IAP Kozhikode and Presided by **Dr Ashraf T P** President IAP Kozhikode

Panel Discussion on Immunization

Moderator :
Dr KrishnaMohan R

Panelist

Dr Mohandas, RCH Officer
Dr Sindhu T G
Dr Ranjith P
Dr Niyas Ahammed Kaniyath

Meeting was attended by Senior Teachers, Faculty, Practicing

Pediatricians and Postgraduate students.

Active discussion on many controversies and doubts came out during the meeting.

Meeting was well appreciated and attended by around 50 delegates.

17-Jan-2019



Pulse polio training for Anganwadi teachers of Tirurangadi block & nursing students of MKH Hospital by Dr Ranjith P, Web editor IAP Kerala

17-Jan-2019



17-Jan-2019

Training for supervisors on Pulse Polio by Dr Ranjith P, Web editor IAP Kerala at parappanangadi.



19-Jan-2019

Dr Divya at Pulse Polio Immunization Campaign



DISTRICT WISE INAUGURATION OF PULSE POLIO IMMUNIZATION

@ Women and Child Hospital, Kozhikode. Inaugurated by Dr Jayasree V DMO Kozhikode. Dr Mohandas T, RCH Officer Kozhikode welcomed the gathering. Dr Shamin Sebastian, Deputy Collector Kozhikode, Dr Nihaz Nahas K, Secretary IAP Kozhikode, Dr Sucharita Consultant Pediatrician, WnC Hospital Felicitated the function.

19-Jan-2019



19-Jan-2019

Pulse Polio Campaign at CHC Neduva block

Dr Sujatha block MO, Dr Ranjith P web editor IAP Kerala, Sri Ashraf K K HS, HI Sri hussain, Hasilal, PHN Sarojini, JPHN Kousalya & Jhi Pradeep, Rajesh supervised the camps



Pulse Polio Immunization
@ Kozhikode

Pulse Polio Immunization @ Calicut - 19/01/2020

ജില്ലയിൽ 80 ശതമാനം കുട്ടികൾക്ക് പോളിയോ തൂങ്ങിമരുന്ന് നൽകി

PEDIATRIC VENTILATION WORKSHOP 2020 @ ASTER MIMS

2 day Pediatric Mechanical Ventilation workshop was Inaugurated by Chief Guest **Mr. Sameer**, Chief Operating Officer, Aster MIMS.

Dr Hamza (Chief of medical services, Aster MIMS) felicitated the function.

Dr. Abraham Mammen (HOD Pediatric and neonatal surgery), **Dr. SureshKumar E K** (HOD pediatrics), Prof. Vijayakumar M (HOD, Dept of Pediatrics, Manjeri Medical College) and Companion

Editor IAP Kerala were present at the Inaugural Function **Dr K Sathishkumar** welcomed the delegates and **Dr. Nihaz Naha** (Secretary, IAP Kozhikode) proposed the Vote of thanks.

FACULTIES WERE

Dr Bibin Jose
Dr Prameela Joji
Dr Rajappan Pillai
Dr Shivkumar
Dr Priyavardhini
Dr Ravikumar
Dr Saravanan

Dr Anand MR
Dr SathishKumar K
Dr Manjula Anand
Dr Ajay V
Dr Abdul Rauf
Dr Fiji
Dr Divia Nath

Programme was well attended by around 40 delegates and had interactive lecture sessions and extensive hands-on training in pediatric mechanical ventilation.

All the talks and skill stations were well appreciated by the delegates. Thanks to all the enthusiastic

delegates and eminent guest faculties.

Dr Vijayakumar M and **Dr SureshKumar E K** distributed momentos to the Faculties

Well arranged and coordinated by **Dr SathishKumar K** and team Aster MIMS Kozhikode.



24-Jan-2019

Dr KrishnaMohan R Treasurer IAP Kerala at IAP Thalassery- Talk on Respiratory Disease in Children- Past, Present, Future on 24-1-2020 at Hotel Gokulam Forte.



27-Jan-2019

Talk on Women Empowerment by Dr Vidhu Ashok, Asst Prof Department of Pediatrics, MMC Modakkallur for medical students on 27-01-2020 as a part of National girl child day



26-Jan-2019

Dr Ashraf T P taking awareness class on early detection and early intervention of lifestyle disorders in early Detection of kidney disease Camp at Koyilandi on 26/1/2020

Dr Ajithkumar VT, HOD Department of Pediatrics GMC Kozhikode

Taking awareness class on Pediatric cancer for NSS Volunteers at IPM Kozhikode



27-Jan-2019

Dr Rajul Koyadeen Fitness club Coordinator IAP Kozhikode taking session on Importance of Physical exercise in doctors.

Dr Nihaz Naha, Secretary IAP Kozhikode, taking session on Importance of Proper diet



Dr Ashraf T P, President IAP Kozhikode as Faculty in TOT on Childhood TB on 29/1/202 at Kochi as a part of Presidential Action Plan 2020 TB Free Air For Every Child in Kerala

27-Jan-2019



27-Jan-2019

IAP Kozhikode Fitness Club EB Meeting on 27/1/2020 at Hotel Hyson Heritage. discussion on Annual sports meet along with Summer Pedicon Kozhikode

IAP KERALA PRESIDENTIAL ACTION PLAN - NON COMMUNICABLE DISEASE PROJECT

30-Jan-2019

Inaugurated by Dr. Krishna Mohan R, Treasurer, IAP Kerala at BMH Academy Auditorium Kozhikode.

The program was presided by Dr Ashraf T P , President, IAP, Kozhikode. Dr Beena Johnson, North Zone Coordinator, Non

Communicable Disease Project gave the Welcome Address. Dr. Shaji Thomas John, Past President, IAP, Kerala and Ms. Sindhu, Principal, BMH School of Nursing have felicitations. Dr Nihaz Naha K, Secretary, IAP Kozhikode, gave the Vote of Thanks.

Following the inaugural ceremony, seminar on 'Lifestyle Disorders - Prevention is Better than Cure' was conducted for the nursing students by Dr. Beena Johnson .



30-Jan-2019

IAP KOZHIKODE MONTHLY CLINICAL MEETING

Monthly Clinical meeting was held at Hotel Hyson Heritage on 30th January.

Dr Nihaz Naha, Secretary IAP Kozhikode welcomed the meeting.

Dr Ashraf T P, President IAP Kozhikode Presided the meeting.

One minute silence was observed in remembrance of the departed souls of

Dr Govindaraj (Father of Dr Geeta M G) and **Dr Santa Venugopal (Mother of Dr Preetha Remesh)**.

Scientific Session

Panel discussion on Respiratory Distress in Newborn was Moderated by

Dr Anand M R, Senior Neonatologist and Pediatrician, Aster MIMS Kozhikode.

Panelists were

Dr Gireesh S

Dr Shabeer M P

Dr Rahul Illaparambath

Dr Divya Nath.

Session mainly include case based scenarios and was well appreciated by the audience.

Around 60 members attended the meeting.

Another session on the Threat of Corona Virus was taken by

Dr KrishnaMohan R Treasurer IAP Kerala.

The meeting was followed by Organizing Committee Meeting of Summer Pedicon Kozhikode (April 18,19). First Registrations were done by **Dr Shaji Thomas John**, President IAP Kerala 2014 & **Dr Ashraf T P** President IAP Kozhikode

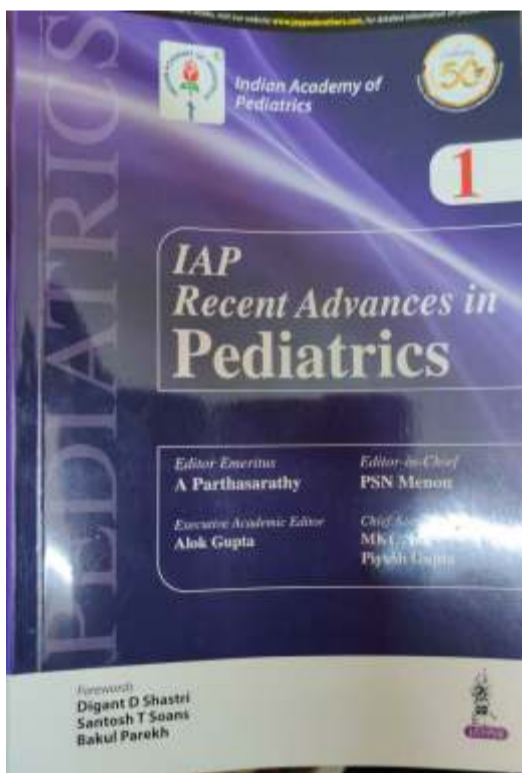


31-Jan-2019

Program on world Leprosy Day at CHC Neduva

Inagurated by Medical Officer Dr Sujatha K Awareness talk by Dr Sreela P Pediatrician. Skit on leprosy awareness by MKH Nursing students

Well cordinated program by Health suprivisor Sri Asharaf K K.& MKH nursing Vice principal Sri Aboobacker.



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Congratulations to Dr Vijayakumar M Pediatric Companion Editor IAP Kerala Authored

chapter " Newborn Screening For Congenital Hypothyroidism" in the book IAP Recent Advances in Pediatrics along with Dr P S N Menon

Congratulatons *Dr Geeta M G* , Prof Department of Pediatrics GMC Kozhikode being the *Staff editor* of the Kozhikode medical college students union magazine "*" ഒരു ഭൂരാത്മാവിന്റെ പദ് പുസ്തകം "*" which came as *first in the Malayala Manorama Chief editors trophy*.





**INDIAN ACADEMY OF PEDIATRICS
KOZHIKODE**